

Resources

Suggested Recordings for Rhythm Practice

A good source for bellydance CDs is <https://www.pekorecords.com/>

Eddie Kochak - Strictly Belly Dancing - there are 6 volumes in this series, from the late 60's through early 80's. I recommend volumes 4, 5 and 6 to start. They have a very good mix of rhythms to drum along with.

Suggested Websites on Middle Eastern Rhythms and Music

Kamuran's Drumming and Rhythm Links - start here
<http://www.therotunda.net/drum/links.html>
and, for nice printable rhythm handouts sheets -
<http://www.therotunda.net/drum/index.html>

Middle Eastern Rhythms FAQ - <http://www.khafif.com/rhy/>

A Practical Introduction to Middle-Eastern Drumming -
<http://www.maya.com/local/senn/handout.html>

Radio Bastet - <http://www.radiobastet.com/> - All Vintage Bellydance Music, All the Time - she has some hour long shows available for Podcast or MP3 download.

Mohammed El-Bakkar - <http://www.el-bakkar.com/> . A classic performer from the late 1950's - mp3's of 5 of his lp albums are here for free download.

Places online to Buy Drums

ActiveMusician - <http://www.activemusician.com> - they carry the Mid-East catalog at a good discount. Good customer service.

VisionaryDance - <http://www.visionarydance.com> - Delilah's partner Erik is a drummer, and they sell a good basic alexandrian dombek for a good price. Erik checks, tunes and plays all the drums he sells.

Other Resources

Amir Naoum - **Dombek Technique and Rhythms**. DVD. Available from amazon.com. Excellent beginner's DVD, and inexpensive - a highly recommended bargain.

Raquy Danziger - **Dumbek Fever**. 96 page book, DVD and play-along CD. Available from <http://raquy.com>. Advanced beginner through intermediate; she covers a lot of material.

Uncle Mafufo - <http://www.unclemafufo.com/>
25 Essential Rhythms (CD) - highly recommended
Basic Rhythms for Arabic Drum (DVD)