

Technique Building Exercises

1) **Rolling Accents** - Do each series 4x each, then 3x, 2, 1 each.

DtktdkTk dk**T**kdtk dtk**D**tk dtkdk**T**k

D-tkdkTk dk**T**-dkTk dtk**D**-tk dtkdk**T**-

- multiple accent beats in a series (**DkTkdtk,DtkDtk** etc)

2) **Off-Hand Exercises** - speed and develop the non-dominant hand

D-KKD-K- D-KKD-KKD-KD-K- DKKKDKKDKKKD-K-

Beledi - D-D-kkT-D-kkT-kk

3) **Paradiddles** - good for developing smooth fast rolls.

(see <http://en.wikipedia.org/wiki/Paradiddle> for more patterns)

tktktkk or ktktktt (starts on opposite hands)

4) **3/3/2 Variations** - good for smooth syncopation, and for non-dominant hand.

(dkk tkk tk) (3/3/2) (dk tkk tkk) (2/3/3) (dkk tk tkk) (3/2/3)

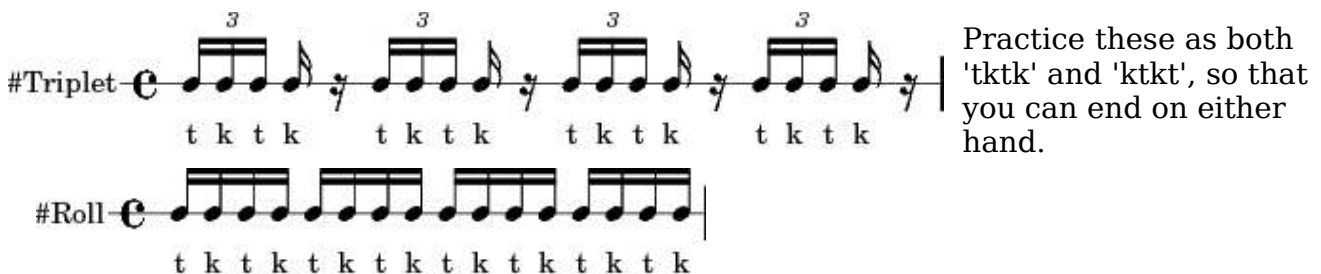
(dkk tkk tkk tkk tk tk) (3/3/3/3/2/2) or (d-tkktkkttkttk-t-) (2/3/3/3/3/2)

change the doum/tek pattern (dkkdkkdk dkkdkkTk etc.)

5) **Rolling** (Filled) versions of main rhythms

Beledi **DkDtkkTkDtkkTtkk** Ayub **DktKDkTk** etc.

6) **Triplets and Rolls** - alternate, to hear the different feel.



#Triplet $\text{t k t k} \quad \text{t k t k} \quad \text{t k t k} \quad \text{t k t k}$

#Roll $\text{t k t k t k t k t k t k t k t k}$

Practice these as both 'tktk' and 'tktk', so that you can end on either hand.

Triplets are a form of roll, and they roll **into** the note following.

Try these rhythms to practice starting a triplet with the off hand. (k3=triplet).

Beledi

1-+-2-+-3-+-4-+- |

D-D-k3T-D-k3T-k3 |

Karsilama

1-2-1-2-1-2-1-2-3- |

D-k3T-k3D-k3T-k3T- |